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QI Differential expression of myogenic regulatory factor MyoD in pacu skeletal 2 muscle (Piaractus mesopotamicus Holmberg 1887: Serrasalminae, Characidae, 3 Teleostei) during juvenile and adult growth phases 4

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ABSTRACT

Skeletal muscle is the edible part of the fish. It grows by hypertrophy and hyperplasia, events regulated by differential expression of myogenic regulatory factors (MRFs). The study of muscle growth mechanisms in fish is very important in fish farming development. Pacu (Piaractus mesopotamicus) is one of the most important food species farmed in Brazil and has been extensively used in Brazilian aquaculture programs. The aim of this study was to analyze hyperplasia and hypertrophy and the MRF MyoD expression pattern in skeletal muscle of pacu (P. mesopotamicus) during juvenile and adult growth stages. Juvenile (n = 5) and adult (n = 5) fish were anaesthetized, sacrificed, and weight (g) and total length (cm) determined. White dorsal region muscle samples were collected and immersed in liquid nitrogen. Transverse sections (10 μm thick) were stained with Haematoxilin–Eosin (HE) for morphological and morphometric analysis. Smallest fiber diameter from 100 muscle fibers per animal was calculated in each growth phase. These fibers were grouped into three classes (<20, 20–50, and >50 μ m) to evaluate hypertrophy and hyperplasia in white skeletal muscle. MyoD gene expression was determined by semi-quantitative RT-PCR. PCR products were cloned and sequenced. Juvenile and adult pacu skeletal muscle had similar morphology. The large number of $<20 \,\mu m$ diameter muscle fibers observed in juvenile fish confirms active hyperplasia. In adult fish, most fibers were over 50 µm diameter and denote more intense muscle fiber hypertrophy. The MyoD mRNA level in juveniles was higher than in adults. A consensus partial sequence for MyoD gene (338 base pairs) was obtained. The Pacu MyoD nucleotide sequence displayed high similarity several vertebrates, including teleosts. The differential MyoD gene expression observed in pacu white muscle is possibly related to differences in growth patterns during the phases analyzed, with hyperplasia predominant in juveniles and hypertrophy in adult fish. These results should provide a foundation for understanding the molecular control of skeletal muscle growth in economically important Brazilian species, with a view to improving production quality.

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10 11 1. Introduction

12 Fish skeletal muscle is predominantly composed of white muscle, 13 which never comprises less than 70% of the bulk of myotomal 14 muscle and constitutes the edible part of the fish (Zhang et al., 1996). 15 White muscle is made up of glycolytic metabolism and fast 16 contracting muscle fibers (Driedzic and Hochachka, 1976) used in 17 fast swimming such as predation and escape behavior (Altringham

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and Johnston, 1988). Red muscle forms a thin superficial layer, 18 generally making up less than 30% of total musculature (Greer-19 20 Walker and Pull, 1975; Hoyle et al., 1986; Luther et al., 1995). Red muscle fibers display aerobic metabolism and slow contraction; they are associated with slow cruise swimming such as migration and foraging (Bone, 1966; Jonhston et al., 1977). There is an intermediate layer between red and white musculature which has intermediate characteristics (Sänger and Stoiber, 2001).

Fish muscle growth is a plastic mechanism involving popula-26 tions of myogenic precursor cells, also called adult myoblast or 27 myosatellite cells (Johnston, 1999). These cells provide the 28

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essential nuclei for new muscle fiber formation (hyperplasia) and 29 30 hypertrophy (Koumans and Akster, 1995). During hypertrophic 31 growth, as fibers expand they absorb myoblast nuclei in order to 32 maintain a relatively constant nuclear to cytoplasmatic ratio 33 (Koumans et al., 1994). In hyperplasic growth, new fibers form on 34 the surface of existing fibers by myoblasts fusing to form 35 multinucleated myotubes (Johnston, 1999; Rowlerson and Veg-36 getti, 2001). Final body weight depends on both hypertrophy and 37 hyperplasia in muscle growth. In large, fast growing fish, 38 hyperplasia is particularly active during the larval and juvenile 39 stages (Weatherley and Gill, 1984). In small, slow-growing species, 40 its contribution during adult life is low and muscle growth 41 primarily involves hypertrophy of fibers formed in the embryo and 42 during the early larval stage (Weatherley and Gill, 1984; Weath-43 erley et al., 1988).

44 Hyperplasia and hypertrophy mechanisms are regulated by the 45 sequential expression of members of the myogenic regulatory 46 factor (MRF) family which include MyoD, Myf5, Myogenin, and 47 MRF4 (Watabe, 1999, 2001). MRFs are transcription factors that 48 share a highly conserved central region termed the basic helix-49 loop-helix (bHLH) domain (Edmonson and Olson, 1993) which 50 mediates sequence-specific DNA binding called E-box, which is 51 found in the promoters regions of many skeletal muscle specific 52 genes (Lassar et al., 1989; Murre et al., 1989; Blackwell and 53 Weintraub, 1990).

54 The primary MRFs, MyoD and Myf5, direct proliferating 55 myogenic progenitor cells towards a myogenic lineage, whereas 56 the secondary MRFs, Myogenin and MRF4, control the differ-57 entiation and fusion of myoblasts to form myofibers (Megeney 58 and Rudnicki, 1995; Rudnicki and Jaenisch, 1995; Watabe, 1999). 59 As per Johansen and Overturf (2005), during the initial growth 60 phases, myoblast proliferation and hyperplasia can be inferred by 61 the high expression of MyoD and Myf5, whereas Myogenin and 62 MRF4 expression can be related to myoblast differentiation and 63 hypertrophy, more intense during adult growth phase. Under-64 standing the molecular control of postembryonic muscle growth 65 in fish is one of the most important factors in successful 66 aquaculture which accounts for 30% of global fish production 67 (Tan et al., 2006).

The neotropical characid pacu (Piaractus mesopotamicus) has 68 69 been extensively used in Brazilian aquaculture programs 70 (Hernandez, 1989; Urbinati and Gonçalves, 2005). It is an 71 omnivorous fish and is one of the most important food species 72 farmed in the Pantanal wetlands area of the Paraná-Paraguai 73 basin (Godoy, 1975). It is an autochthon species with immense 74 economic importance in South American commercial fishing 75 (Goulding, 1981). Pacu is a fast growing fish with a large final 76 size (Bernardino and Colares de Melo, 1989) which depends on 77 hyperplastic and hypertrophic muscle growth mechanisms (Dal 78 Pai et al., 2000).

Since there are no studies focusing on the molecular basis of
muscle growth regulation in pacu, the aim of our study was to
investigate hyperplasia and hypertrophy and the MRF MyoD
mRNA expression pattern in pacu skeletal muscle during juvenile
and adult growth phases.

2. Materials and methods

2.1. Fish samples

Specimens of pacu (*P. mesopotamicus*) were obtained from the Aquaculture Center, UNESP, in Jaboticabal, São Paulo State, Brazil. Two development stages, juvenile (n = 5) and adult (n = 5), were used in this study. Fish were anaesthetized with MS-222 (Tricaine Methanensulfonate; Sigma–Aldrich Corporation, St. Louis, MO, USA) and sacrificed. Body weight (g) and total length (cm) were determined.

2.2. Morphologic and morphometric analysis

In each development stage, white muscle samples from the dorsal region (n = 5) were collected, immersed in n-hexane, cooled in liquid nitrogen (-159 °C), and then stored at -80 °C in a freezer until sectioning. Transverse 10 μ m thick sections were obtained in a -20 °C cryostat and stained with Haematoxilin–Eosin (HE) (Bancroft and Steven, 1990). This was used to evaluate muscle morphology and calculate fiber diameter (Dubowitz and Brooke, 1973).

Fiber cross-section diameter (μ m) was estimated by measuring 100 white muscle fibers from each animal per group using a compound microscope attached to a computerized imaging analysis system (Leica Qwin, Wetzlar, Germany) using the smallest diameter method (Dubowitz and Brooke, 1973). The smallest fiber diameter was used to avoid any errors that might have been caused by cross-sections not being completely true (Dubowitz and Brooke, 1973). White muscle fibers were grouped into three diameter classes: <20, 20–50 and >50 μ m, based on Valente et al. (1999). Muscle fiber frequency was expressed as the number of fibers from each diameter class relative to the total number of fibers measured.

2.3. Semi-quantitative RT-PCR analysis of mRNA for MyoD gene

Total RNA was extracted from frozen juvenile and adult white 114 muscle samples from each animal with TRIzol Reagent (Invitrogen 115 Life Technologies, Carlsbad, CA, USA), based on the guanidine 116 thiocyanate method (Chomczynski and Sacchi, 1987). Frozen 117 muscle samples were mechanically homogenized on ice in 1 mL of 118 ice-cold TRIzol reagent. Total RNA was solubilized in RNase-free 119 water and quantified by measuring optical density (OD) at 260 nm. 120 RNA purity was ensured by obtaining a 260/280 nm OD ratio 121 >1.70. These total RNA samples were then PCR amplified to ensure 122 123 no DNA contamination of RNA. Four micrograms of RNA were 124 reverse transcribed with random hexamer primers and First Strand cDNA Synthesis Kit (GE Healthcare Bio-Sciences, Piscataway, NJ, 125 USA) in a total volume of 33 µL, according to standard methods. 126 One microliter of cDNA was then amplified using 0.2 mM of each 127 primer (Table 1), $1 \times$ PCR buffer minus Mg, 1.5 mM MgCl₂, 0.2 mM 128 deoxyribonucleotide triphosphates, and one unit of Platinum Taq 129 DNA Polymerase (Invitrogen Life Technologies, Carlsbad, CA, USA) 130 in a final volume of 25 µL. 131

Primer pairs for MyoD were designed with reference to cDNA132nucleotide sequence from Ictalurus furcatus (GenBank accession133no. AY562555) (Table 1). PCR amplifications for MyoD gene were134

Table 1

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Genes	Sequence $(5' \rightarrow 3')$	T_{A} (°C)	Cycles	Size of amplified fragment (bp)
MyoD	Forward: CTAACCAGAGGCTGCCHAAG Reverse: CACGATGCTGGACAGACAGT	55	35	288
18S rRNA	Forward: TACCACATCCAAAGAAGGCAG Reverse: TCGATCCCGAGATCCAACTAC	57	32	245

 $T_{\rm A}$: Annealing temperature; bp: base pairs.

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135 carried out for 3 min at 94 °C, followed by 35 cycles of denaturation 136 for 1 min at 94 °C, 1.5 min of annealing at 55 °C, 2 min extension at 137 72 °C, and an additional 5 min extension step. A set of primers 138 designed from the 18S ribosomal RNA (rRNA) consensus fish 139 sequences were used to amplify a segment of the 18S rRNA gene 140 (Tom et al., 2004) (Table 1). This gene was used as the 141 housekeeping gene in semi-quantitative RT-PCR analysis. PCR 142 amplifications for 18S rRNA gene were carried out for 2 min at 143 94 °C, followed by 32 cycles of denaturation for 1 min at 94 °C, 144 1 min of annealing at 57 °C, 1 min of extension at 72 °C and an 145 additional 5 min extension step.

146 Preliminary experiments were conducted to determine the 147 appropriate number of PCR cycles so that amplification product 148 was clearly visible on an agarose gel and could be quantified, but 149 also to assure that amplification was in the exponential range and 150 had not reached a plateau. The number of cycles tested was 28, 30, 151 32, 34, 35 and 36 for both genes studied.

152 PCR products were verified by cloning and sequencing; cDNA from each muscle for both juvenile and adult groups were 153 154 amplified simultaneously using aliquots from the same PCR 155 mixture. After PCR amplification, 10 µL of each reaction under-156 went electrophoresis on 1% agarose gels and was stained with 157 Sybr Safe (Invitrogen Life Technologies, São Paulo, SP, Brazil). The 158 bands were visualized under UV illumination (Hoefer UV-25) and 159 the gel image was retrieved using the EDAS program (Electro-160 phoresis Documentation and Analysis System 120-Kodak Digital 161 Science 1D). Bands corresponding to each gene were quantified in 162 arbitrary units as optical density × band area, using Kodak one-163 dimensional (1-D) image analysis system (Eastman Kodak, 164 Rochester, NY). PCR signals were normalized to the 18S rRNA 165 signal of the corresponding RT product to provide a semi-166 quantitative estimate of MyoD gene expression. The PCR products 167 were run in duplicate on different gels for each gene and results 168 averaged.

2.4. cDNA cloning of MyoD 169

170 All amplified MyoD cDNA fragments were inserted into PGEM-T 171 plasmids (Promega Corporation, Madison, WI, USA) which were 172 used to transform competent Escherichia coli strain DH5a cells 173 (Invitrogen Life Technologies, Carlsbad, CA, USA). The positive 174 clones were sequenced on an ABI Prism 377 automatic DNA 175 Q2 sequencer (PerkinElmer) with a DYEnamic ET Terminator Cycle 176 Sequencing kit (GE Healthcare Bio-Sciences) as per manufacturer 177 instructions.

178 2.5. Nucleotide sequence analysis

179 Nucleotide sequences obtained from cloned MyoD-cDNA 180 were subjected to BLASTN (Altschul et al., 1997) searches at the 181 National Center for Biotechnology Information (NCBI) web site 182 (http://www.ncbi.nlm.nih.gov/blast) to confirm putative simi-183 larity with MyoD gene. MyoD consensus sequence was obtained 184 using the Bioedit computer program (Hall, 1999). In addition, 185 MyoD sequences from different vertebrates obtained from NCBI, 186 were aligned using ClustalW software (http://www.ebi.ac.uk/ 187 clustalw/) (Thompson et al., 1994) and submitted to Neighbor-188 Joining (NJ) analyses employing the Kimura-2-parameter 189 genetic distance model (Kimura, 1980) using MEGA 3.1 software 190 (Kumar et al., 2004). Bootstrap resampling (Felsenstein, 1985) 191 was applied to assess support for individual nodes using 1000 192 replicates.

193 2.6. Statistical analysis

194 Body weight data were expressed as median \pm total semi-195 amplitude. The non-parametric Mann-Whitney test was used for weight analysis (Norman and Streiner, 1993). Total body length data 196 were expressed as mean \pm S.D. and analysis was performed using the 197 Student's unpaired *t*-test (Norman and Streiner, 1993). 198

White muscle fiber diameters and semi-quantitative RT-PCR 199 data were expressed as mean \pm S.D. White muscle fiber diameters 200 were analyzed using the Goodman test (Goodman, 1964, 1965). In 201 semi-quantitative RT-PCR analysis, comparisons between groups 202 were performed using the Student's unpaired *t*-test. Differences were 203 considered significant at p < 0.05. 204

3. Results

3.1. Anatomical data

207 Median and total semi-amplitude weight was 16.45 ± 9.37 g for juvenile and 768.00 \pm 238.50 g for adult fish (p < 0.001). Mean and 208 S.D. of total length was 10.29 ± 1.29 cm for juvenile and 209 35.36 ± 2.8 cm for adult fish (p < 0.001). 210

3.2. Morphologic and morphometric analysis

HE stain showed white skeletal muscle making up most of the 212 muscle mass in both juvenile and adult fish. This muscle consisted 213 of round or polygonal muscle fibers separated by fine septa of 214 connective tissue, the endomysium. Thicker septa of connective 215 216 tissue separated muscle fibers into fascicles and making up the perimysium. Muscle fibers were distributed in a mosaic pattern 217 characterizing fibers of different diameters (Fig. 1). 218

Frequency distribution of $< 20 \mu m$ diameter white muscle fibers 219 in juvenile fish was significantly higher than in adults. Frequency 220



Fig. 1. Transverse sections of white skeletal muscle of juvenile (a) and adult (b) pacu (Piaractus mesopotamicus). A mosaic pattern of different muscle fibers diameters composed of small fibers (arrows) between large fibers (arrowhead) can be observed. Perimysium (*). Endomysium (e). HE. Scale bars: 50 µm.

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Fig. 2. White muscle fiber diameter distribution in juvenile and adult pacu (*Piaractus mesopotamicus*). Columns represent white fiber frequencies (%) in each group (asterisks in the column show size classes with significant variation; p < 0.05).

221 distribution of >20 to <50 μ m diameter white muscle fibers and 222 >50 μ m diameter fibers were significantly higher in adults than 223 juveniles (Fig. 2).

224 3.3. MyoD mRNA levels estimated by semi-quantitative RT-PCR

225PCR amplification of pacu cDNA for MyoD gene generated one226band of approximately 300 base pairs (bp), and for pacu cDNA with227the 18S rRNA gene primer set generated one band of approxi-228mately 250 bp (Fig. 3a). Estimated MyoD mRNA level decreased in229the adult group when compared to juveniles (juvenile 0.50 ± 0.04 230vs. adult 0.26 ± 0.05 ; p < 0.05) (Fig. 3b).

231 3.4. MyoD nucleotide sequence analysis

232 The PCR products obtained with the MyoD set of primers were 233 cloned, and a total of six clones (three from juvenile and three from 234 adult muscle samples) were sequenced. A consensus sequence was 235 produced from these clones and the exact total length of the cDNA 236 fragment was 338 bp for MyoD (Fig. 4). The MyoD-cDNA consensus 237 nucleotide sequence was subject to Blastn and showed high 238 similarity to MyoD of several vertebrates, including teleosts Danio 239 rerio (Perciformes), Ictalurus punctatus, and Ameiurus catus 240 (Siluriformes). Phylogenetic analysis clustered the fish MyoD 241 sequences into 100% of the recovered trees (Fig. 5).

242 4. Discussion

This study is the first description of differential myogenic
regulatory factor MyoD expression in skeletal muscle of *P. mesopotamicus* during the juvenile and adult growth phases.
MyoD mRNA level was significantly higher in juvenile than in adult
fish.

Morphological examination of skeletal muscle in pacu (*P. mesopotamicus*) showed the majority of musculature in both phases composed of deep white compartment. This musculature contains muscle mass with considerable economic significance (Zhang et al., 1996). White muscle morphology in both stages was similar to other fish species (Fernandez et al., 2000; Dal Pai-Silva et al., 2003a,b; Aguiar et al., 2005). Although compartmentalized



Fig. 3. MyoD and 18S rRNA representative RT-PCR profiles (a) and RNA content estimated by RT-PCR (b) from white muscles in juvenile and adult fish. MyoD gene expression was normalized to the 18S rRNA gene signal from the same RT product. Normalized data are expressed as means \pm SE. p < 0.05 statistical significance.

muscle fiber distribution is common in fish (Scapolo et al., 1988; Veggetti et al., 1993; Galloway et al., 1999; Johnston, 1999), fiber distribution pattern can vary according to species (Te Kronnie et al., 1983; Dal Pai-Silva et al., 1995a,b) and growth stage (Dal Pai-Silva et al., 2003a,b). 255

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As previously described by Dal Pai et al. (2000), juvenile and adult phase pacu muscle fibers have a mosaic pattern distribution, characterized by different diameter fibers; this has also been seen in others fish species (Rowlerson and Veggetti, 2001). Frequency distribution of $<20 \,\mu$ m diameter muscle fibers was significantly higher in juvenile fish and the frequency of $>50 \,\mu$ m diameter fibers was significantly higher in adult fish.

The large number of $<20 \,\mu m$ diameter muscle fibers observed 267 in juvenile fish confirm an active hyperplastic growth process in 268 skeletal muscle during this developmental stage (Valente et al., 269 1999; Rowlerson and Veggetti, 2001). Hyperplastic growth in 270 teleosts is mainly in two waves (Rowlerson and Veggetti, 2001). 271 The first is a continuation of embryonic myogenesis and takes 272 place during part of larval life generating new fibers along a 273 germinal or proliferative zone (Usher et al., 1994); it is responsible 274 for thickening muscle mass in early development stages (Rowler-275 son and Veggetti, 2001; Johnston et al., 2003). This event is known 276 as stratified hyperplasia and occurs in most of fish species 277 (Johnston, 1999). The second, mosaic hyperplasia, occurs in fish 278 which grow to large sizes, such as the pacu, and new fiber 279

Q3 Fig. 4. Consensus sequence (5' \rightarrow 3') for MyoD obtained from alignment of cloned cDNA sequences. Primer annealing regions are shadowed. H: Adenine, thiamine, or cytosine. R: Adenine or guanine.

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Fig. 5. Recovered Neighbor-Joining tree for the MyoD of several vertebrates. Bootstrap values are indicated in the nodes and the scale bar indicates the genetic distance.

280 production is found across the whole myotome. This results in a 281 mosaic pattern of different fiber diameters, as seen in pacu skeletal muscle morphological analysis. Mosaic hyperplasia causes a large 282 283 increase in fiber numbers during juvenile growth and is very 284 important for commercial aquaculture species; this characteristic 285 is not seen in small species (Rowlerson and Veggetti, 2001). In 286 juvenile pacu, the mainly mosaic hyperplastic contribution was 287 higher than hypertrophy in skeletal muscle growth.

288 In adult pacu, a majority of $>50 \,\mu\text{m}$ diameter fibers denotes 289 muscle fiber hypertrophy (Valente et al., 1999; Rowlerson and 290 Veggetti, 2001). According to Zimmerman and Lowery (1999), the 291 recruitment of new fibers during muscle growth stops when fish 292 reach about 44% of their final size; after this muscle growth is 293 mainly by hypertrophy. Although the commercially interesting 294 size of the pacu is not fixed, our study showed that muscle fiber 295 recruitment in the adult phase was lower than in the juvenile 296 phase.

Hyperplasia and hypertrophy in fish muscle growth is
dependent on the activation, proliferation, and differentiation of
adult myoblast or myosatellite cells (Koumans and Akster, 1995;
Johnston, 1999). These processes are regulated by the sequential
expression of transcription factors known as myogenic regulatory
factors (Watabe, 1999, 2001).

303 MRF expression levels play an essential role during myogenesis 304 and are related to myoblast specification and differentiation, and 305 regulate muscle development and growth in growing fish (Zhang 306 et al., 2006). In flounder (Paralichthys olivaceus) MyoD expression 307 was detected in precursor muscle cells during the initial phases of 308 embryogenesis (Zhang et al., 2006). Johansen and Overturf (2005) 309 showed continuous differential MRF (MyoD, Myf5, Myogenin and 310 MRF4) expression in rainbow trout (Oncorhyncus mykiss) skeletal 311 muscle during different growth phases. These authors inferred that 312 differential MRF expression may be related to muscle growth 313 mechanisms.

314 In our study MyoD mRNA level was significantly higher in 315 juvenile than adult pacu. During early development and the 316 juvenile stage, muscle growth occurs by intense recruitment of 317 new muscle fibers from the proliferation of undifferentiated 318 myogenic progenitor cells that express primary MRF, MyoD, and 319 Myf5 (Rescan et al., 1994; Watabe, 2001; Megeney and Rudnicki, 320 1995). Myoblast proliferation is directly related to the hyperplastic 321 process and both can be inferred by analyzing expression levels of 322 MyoD and Myf5 (Johansen and Overturf, 2005). In our study, the 323 high MyoD expression levels in juvenile fish can be associated to a predominant hyperplastic mechanism in muscle growth. 324

In adult *P. mesopotamicus*, muscle growth was mainly by 325 hypertrophy. In this stage, myoblast proliferation and hyperplasia 326 are not significant, with MyoD expression being smaller than in 327 juvenile fish (Johansen and Overturf, 2005). This can explain the 328 low MyoD expression in adult pacu compared to their juvenile 329 counterparts. 330

Comparative analysis of pacu MyoD cDNA nucleotide sequence331showed a close relationship for this gene in fish that were branched332out in relation to amphibians, birds, and mammals. The analysis of333the complete cDNA of MyoD of several representatives of the main334vertebrate groups will clarify the evolutionary history of MyoD335among vertebrates.336

The expression of genes that control muscle growth is still 337 unknown in South American fish species. The results from our 338 study should provide a foundation for understanding the 339 molecular control of skeletal muscle growth in economically 340 important Brazilian species, with a view to improving production 341 quality. 342

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